

**UHS Advisory Committee on Graduate Student Mental Health  
Proposed Charter and Committee Charge  
September 2003**

## **Charter**

The UHS Advisory Committee on Graduate Student Mental Health (GMH) is a committee within University Health Services. The GMH Committee reports to the Director of CPS. The GMH Committee strives to improve graduate student mental health through education, outreach, and CPS program development. The committee views mental health broadly, to include a range of psychoeducational activities that support the University's teaching mission, such as faculty mentoring and peer support.

The committee will:

- Provide graduate student input on CPS services
- Promote and coordinate educational materials for graduate students, faculty, and staff;
- Consider programs for reducing the isolation of individual graduate students and for improving outreach to graduate students in need of mental health services;
- Guide strategic investment in CPS for the improvement of graduate student health services;
- Review and comment on campus and system-wide mental health initiatives, policies, procedures, and proposals;
- Serve as the liaison between UHS and the Academic Senate on issues relating to graduate student mental health.

## **Charge**

The charge of the proposed committee may include:

- Determining students' degree of familiarity with the mental health services currently available at the Tang Center.
- Recommending novel ways to advertise mental health resources to students, staff, faculty and families of students.
- Reviewing quality of care and ease of access to care for graduate students
- Including graduate students on CPS Therapist Search Committees.
- Reviewing and revising existing educational materials that describe how to assist emotionally distressed students.
- Recommending discussion topics or areas of concern to the Academic Senate Committee on Student Welfare.

## **Administration of the Committee**

The UHS Advisory Committee on Graduate Student Mental Health will be administered through CPS, the mental health services wing of University Health Services. CPS staff will chair meetings, approve committee membership, and issue recommendations to CPS on behalf of the committee. The chair of the GMH committee is appointed by the Director of CPS.

The Chair of the GMH Committee will make requests to the appropriate campus units for committee representatives. For example, a staff member of the Graduate Division will be requested from Dean Mary Ann Mason, the Graduate Division Dean. A staff member of the GSI Resource Center will be requested from Linda von Hoene. Graduate student appointments to the committee will be requested from the

Graduate Assembly's Academic Affairs Officer. Faculty appointments to the committee will be requested from the Academic Senate, with a further request that the Chair of the Academic Senate Committee on Student Welfare be included in this committee as well.

It is expected that the committee will meet for 1 ½ hours per month.

### **Proposed Membership**

Faculty:

Chair, Academic Senate Committee on Student Welfare (proposed, September 2003)

Recommended Staff:

Jeff Prince, Ph.D. Director of Counseling and Psychological Services

Susan Bell, Ph.D., Coordinator of Outreach and Consultation, Counseling and Psychological Services

Member, Graduate Division Staff (Contact: Dean Mary Ann Mason)

Member, GSI Resource Center (Contact: Linda von Hoene)

Recommended Students:

Temina Madon, Academic Affairs Officer (Graduate Assembly)

Member, Academic Senate Committee on Student Welfare (proposed, September 2003)

Member, GA Mental Health Task Force

Additional Graduate Students