

Eat the World, Save the Earth
(Take What You Want, Eat What You Take)

Program Guidelines

What: An event that encourages students to take only food that they will eat and to finish what they take in order to reduce food waste

Where and When: In the residence hall dining commons, usually during dinner (but also possible during other mealtimes as well)

How:

- 1) Decide on a date and time (it's preferable to have all the units do it at the same time, but not necessary). Let us and your facility manager in on what's going on.
- 2) Contact your unit's dining manager (found here: <http://www.housing.berkeley.edu/dining/directory.html>) and ask for permission to table in the DC. While asking for permission, also ask for a table and permission to put up posters and/or flyers.
- 3) Make posters and/or flyers and post.
- 4) On the day of, set up a table near the exit of the DC. Make sure you can see the students bussing their trays.
- 5) Pass out candy or some other incentive to those who finish their food. Talk to interested students about upcoming recycling events, general recycling/reuse info, food waste and composting, or anything that strikes your fancy (preferably somehow related to the environment).
- 6) Clean up, put the table back where you found it, and you're done!

Ideas for Other Programs

