



# Monthly Newsletter: October 2011

## This Issue:

- Event updates
- Message from Casey Tsai ( VHIO director 2010-2011)
- October events

## WELCOME!!

Welcome (back) to VHIO! We hope you had a good time at the orientation. It was a pleasure to meet new members and reconnect with returning members. The events we have had so far have already been successful, and are excited to have everyone start volunteering. We have a lot of projects lined up for the semester, and watch for emails announcing participation information for committees so that you can be part of the process of creating these awesome events! Lastly, please note that you will receive this newsletter monthly, and event sign-ups will be sent through email.

## Officer Updates

**Mt. Zion Clinic:** Among the 24 new patients for the September clinic, 22 of them were Korean. We are expecting them to return in future clinics, and it will be a good opportunity for Korean volunteers. Also, we started handing out surveys to observe our educational program.

- Judy Lim

### **Outreach:**

**Vietnamese:** The Disaster Preparedness Summit focused on disaster preparedness for the elderly and children. We got in touch with CARD, a non-profit that gives preparedness presentations. We also networked with the president of the San Leandro Asian Cultural Association, and he suggested a partnership to create an event where our volunteers can help seniors/immigrants fill out forms, inform them about community events, and teach them about the services that the city offers.

- Taman Hoang

**Korean:** The Korean Cancer Conference had a good turnout (about 85 people). VHIO helped with quick conversational interpretation at booths before the conference and worked with professionals to interpret 3 educational presentations. We definitely see huge potential and growth and will be figuring out the logistics of the clinics/workshops.

- Anita Lee/ Jihwan Yu



### **Events:**

We are really glad that we are able to expand our interpretation scope beyond hepatitis B at the Tenderloin Health Fair, which provided Tdap shots, flu shots, TB advice, and many more services in addition to hepatitis B screening.

- Grace Poon

At the Autumn Moon Festival, we helped interpret for a lot of people while they got their blood glucose level, blood pressure, and cholesterol measured. This event was in conjunction with Project Diabetes held by UCSF, and we interpreted for preceptors and UCSF students.

- Yingchao Zhong

# Alumni Spotlight

2  
VHIO

Hello, my awesome VHIO members!

Welcome (back) to VHIO! For those whom I haven't met yet, I was the VHIO director last year (2010-2011) when we decided to rename ourselves VHIO and expand our interpreting services. I've been aching to meet the new faces and catch-up with old friends since I graduated from Berkeley this May, but I'm not as fortunate as Amy and Leslie who are able to stay in the Bay Area, so I can only say hi to you all via this newsletter blurb.

I'm currently a 1st year medical student at Weill Cornell Medical College in New York City. We've just finished our 1st month of classes and the 4th exam which covered everything in MCB 102. But according to upperclassmen, 1st year is easy. It has been a month of excitements for us new medical students. We received free ipads and stethoscopes with our names engraved. We shopped on the famous 5th avenue for professional outfits to go under our brand-new white coats. We celebrated after our Monday quizzes by checking out bars and clubs in Manhattan. We took study breaks and ran in the central park in the afternoon. Of course, the other side of this pretty picture of med school life involved numerous late-night studying sessions that might or might not give you the scores you like. Overall, the 1st month of the medical school has been fun, but not easy. And the hardest part for me, is finding my niche in this new medical community.

At Cal, VHIO was my passion and it had defined my niche in the diverse Berkeley campus. Now, I'm embarking on a new journey to find out what I want to do in medicine, whether it's promoting language access from the physicians' perspective or global health or specific fields I want to specialize in or all of the above. It is an amazing process, and I invite you all to talk to me (caseytsai31@gmail.com) about your questions or thoughts. I'd love to get to know my fellow VHIOers and maybe share some of my limited experiences with you as I go along. =D

-Casey Tsai



## October Events

Saturday Oct 1st, 9am-12pm  
Mt. Zion Hep B Clinic

Friday Oct 7th  
NHANES Webinar

Saturday Oct 8th, 9am-12pm  
Chinatown Public Health Center Hep B Clinic

Wednesday Oct 12th, 6:30pm  
SRO-CHIP Child Development Workshop Meeting

Saturday Oct 15th  
Chinese Hospital Flu Shot Clinic

Saturday Oct 15th, 9am- 4pm  
Chinatown Health Fair with UCSF Memory and Aging Center

Thursday Oct 20th and Friday Oct 28th  
Mt. Zion Orientation

Saturday Oct 22nd  
SRO-CHIP Child Development Workshop

