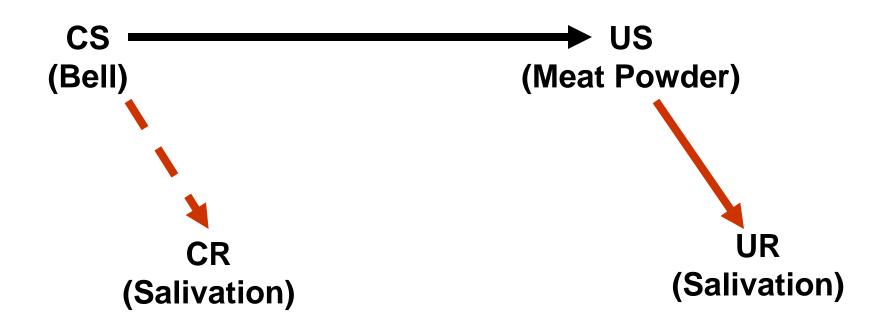
# Classical and Instrumental Conditioning

Lecture 8

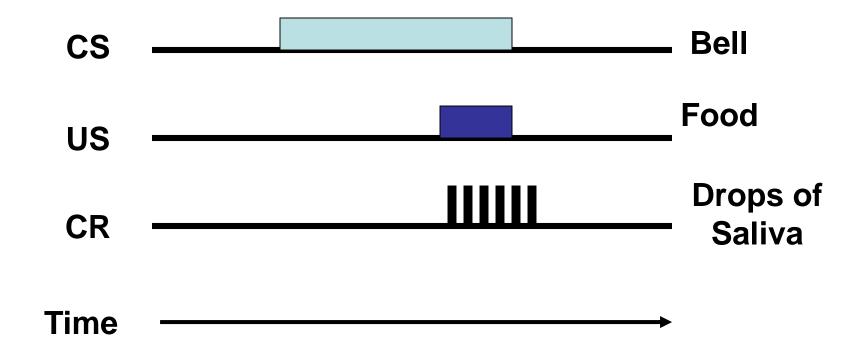
## Basic Procedure for Classical Conditioning



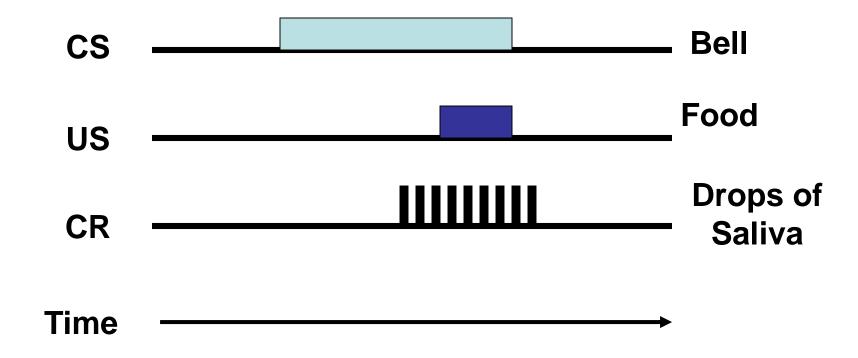
## Major Phenomena of Classical Conditioning

- Acquisition
  - CR to CS Reinforced by US
  - Response Gains Strength
    - Magnitude of CR
    - Probability of CR

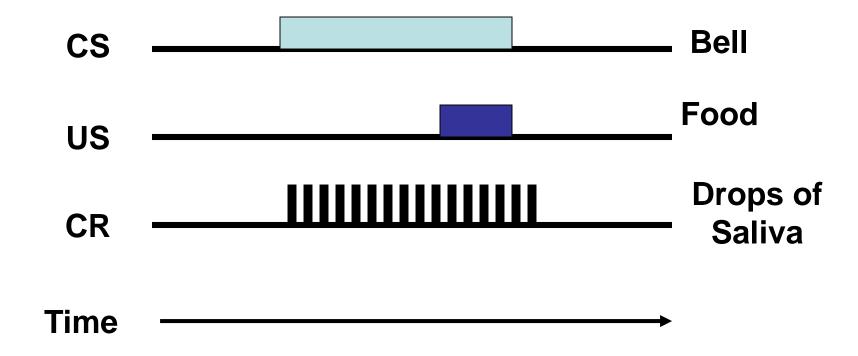
### Acquisition: Trial 1



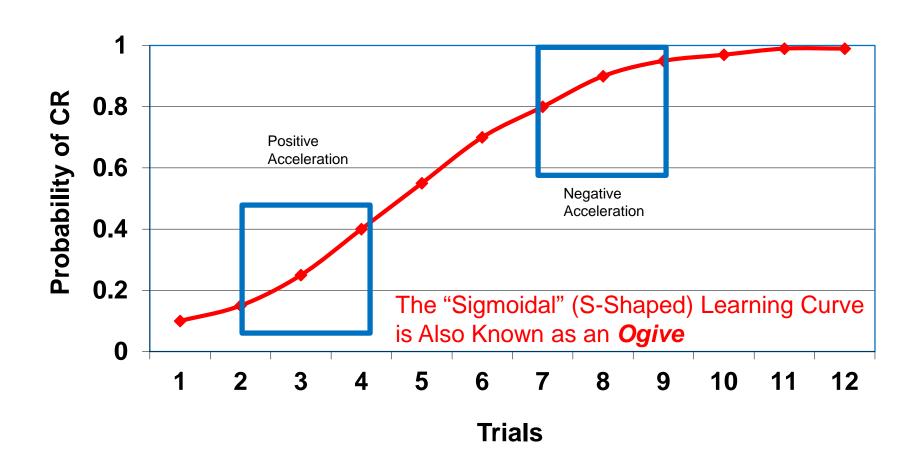
### Acquisition: Trial 5



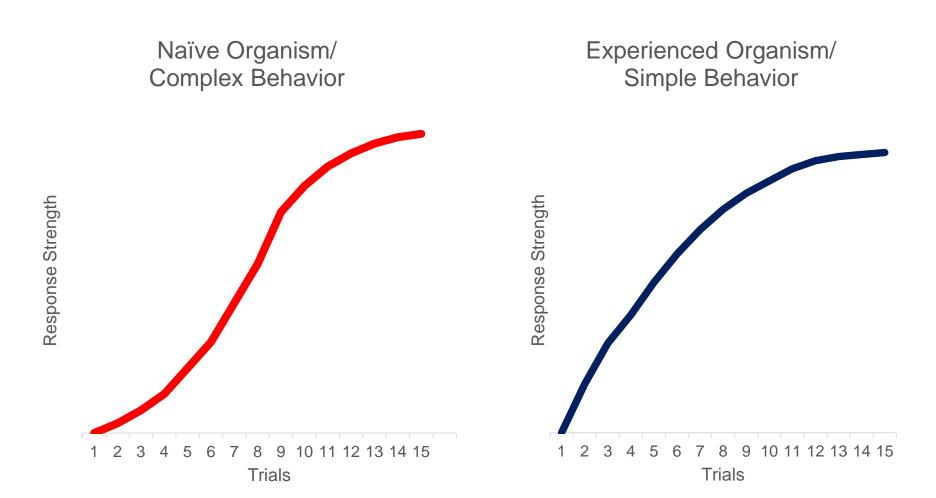
### Acquisition: Trial 10



### Acquisition of a Conditioned Response CS ==> US



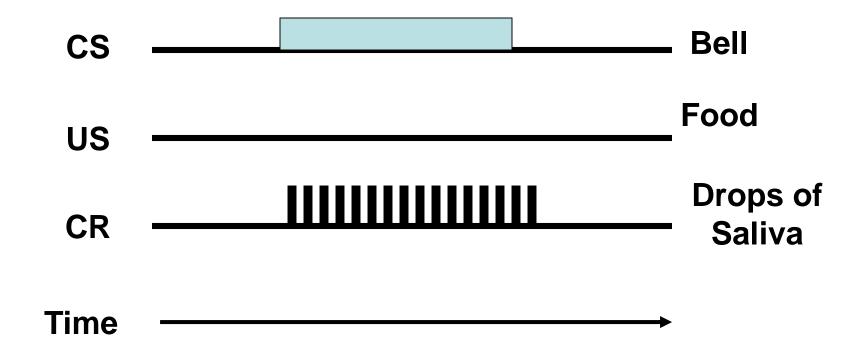
### Two Shapes to the Learning Curve



## Major Phenomena of Classical Conditioning

- Acquisition
- Extinction
  - No Reinforcement
  - Response Loses Strength

#### **Extinction: Trial 1**



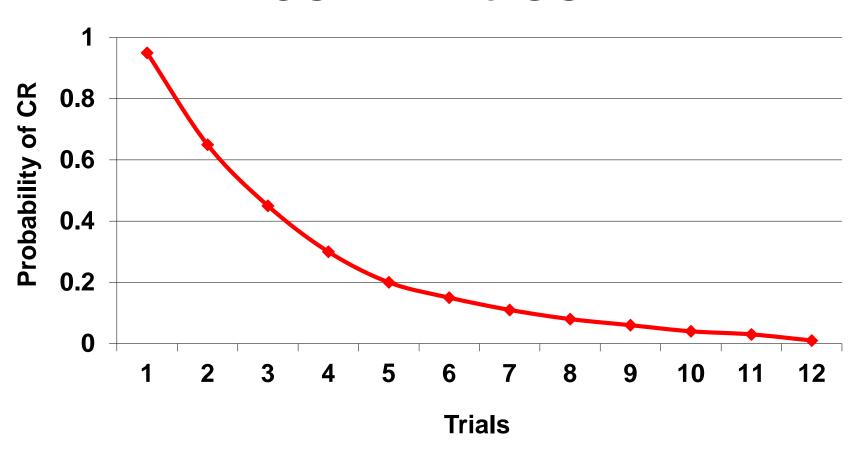
#### **Extinction: Trial 5**



#### **Extinction: Trial 10**



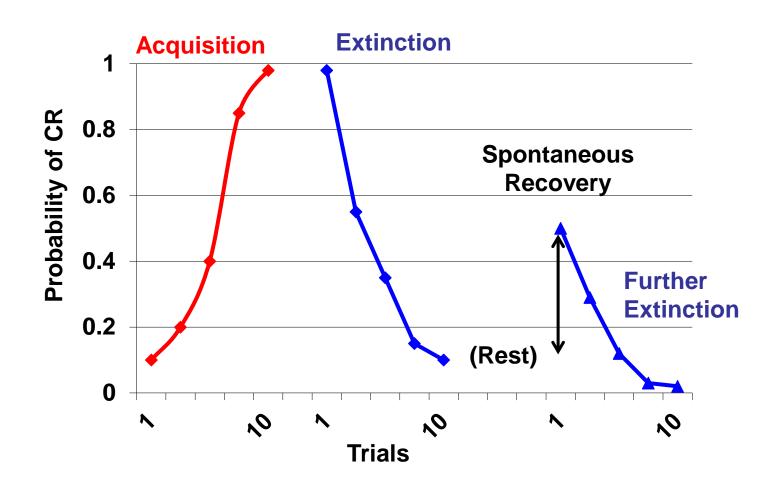
### Extinction of a Conditioned Response CS ==> No US



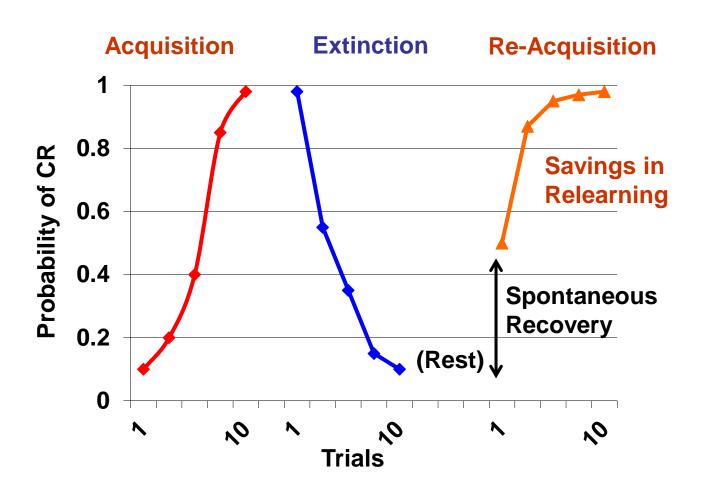
## Major Phenomena of Classical Conditioning

- Acquisition
- Extinction
- Spontaneous Recovery
  - Rest After Extinction
  - Retest CS alone

### Spontaneous Recovery After Extinction CS ==> No US



### Re-Acquisition of Extinguished Response CS ==> US



#### **Extinction Below Zero**

- Extinction Trials Continued After CR Disappears Entirely
- Reduced Spontaneous Recovery
- Less Savings in Relearning
  - Slower Reacquisition

## Major Phenomena of Classical Conditioning

- Acquisition
- Extinction
  - Extinction Below Zero
- Spontaneous Recovery
- Re-Acquisition
  - CS Reinforced by US
  - Savings in Relearning

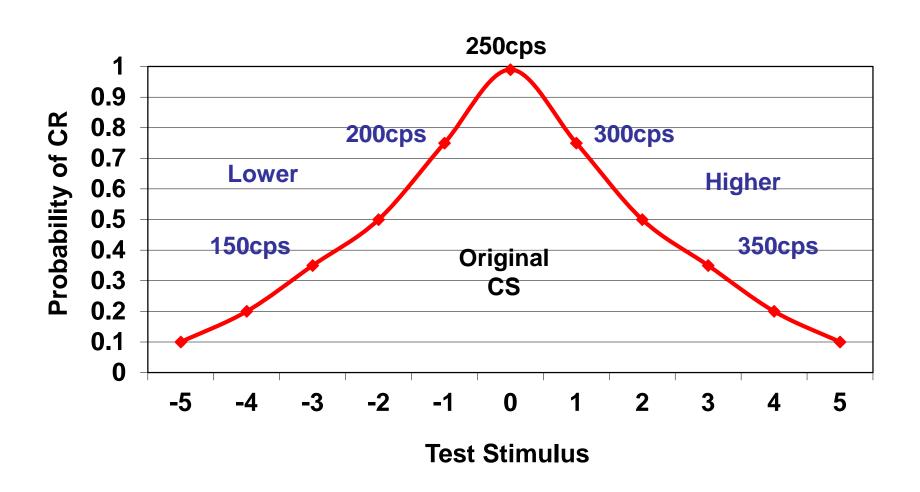
## Implications of Savings and Spontaneous Recovery

- Conditioned Response Not "Lost"
- Rather, Inhibited or Suppressed
  - In Line with Changing Circumstances
    - Conditioned Stimulus No Longer Reinforced
- CR Can be <u>Disinhibited</u>
  - In Line with Changing Circumstances
    - CS Reinforced Once Again

## Major Phenomena of Classical Conditioning

- Acquisition
- Extinction
- Spontaneous Recovery
- Re-Acquisition
- Generalization
  - $-CS_0$  vs.  $CS_1...CS_n$
  - Generalization Gradient

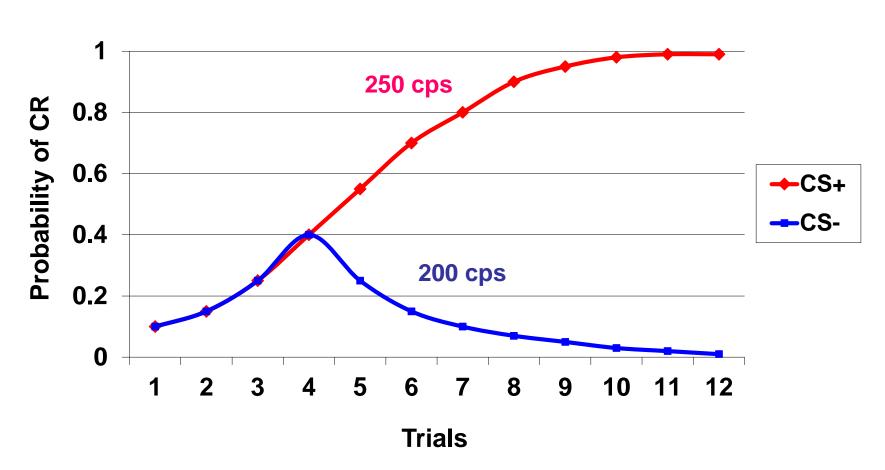
#### The Generalization Gradient



## Major Phenomena of Classical Conditioning

- Acquisition
- Extinction
- Spontaneous Recovery
- Re-Acquisition
- Generalization
- Discrimination
  - CS+ (Reinforced)
  - CS- (Unreinforced)

#### Discrimination Learning

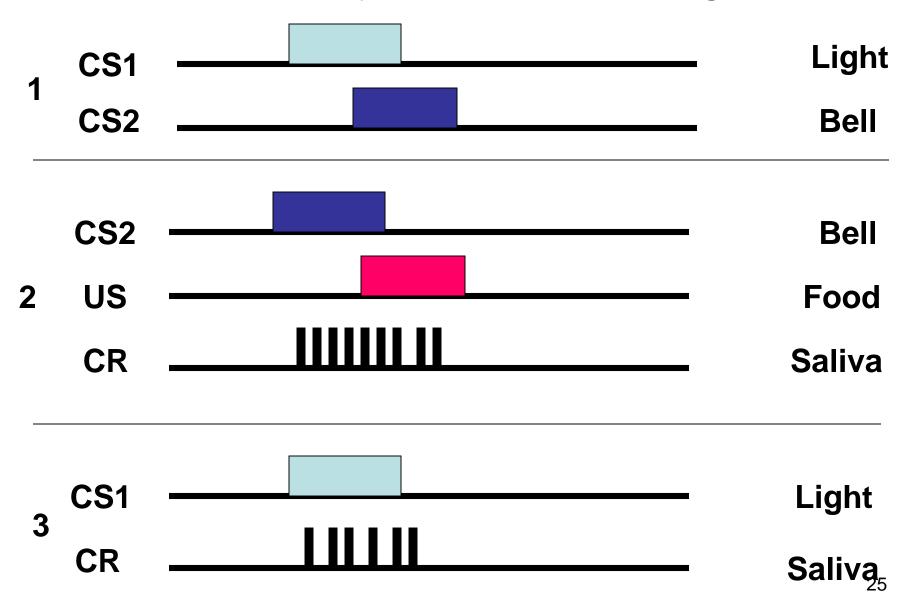


#### Review of Classical Conditioning

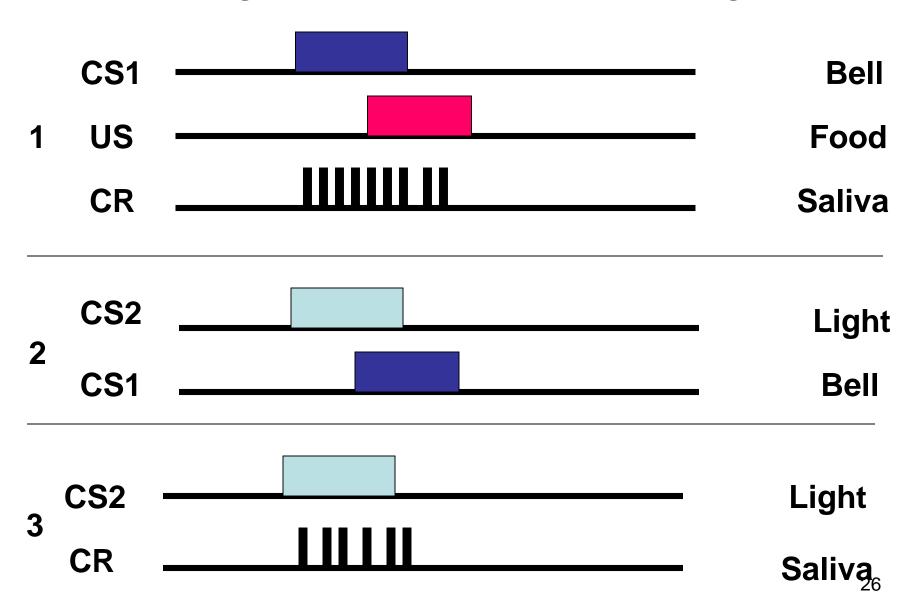
- Vocabulary
  - Unconditioned Stimulus
  - Unconditioned Response
  - Conditioned Stimulus
  - Conditioned Response

- Phenomena
  - Acquisition
    - Reinforcement
  - Extinction
  - Spontaneous Recovery
  - Savings in Relearning
  - Generalization
    - Generalization Gradient
  - Discrimination

### Sensory Preconditioning



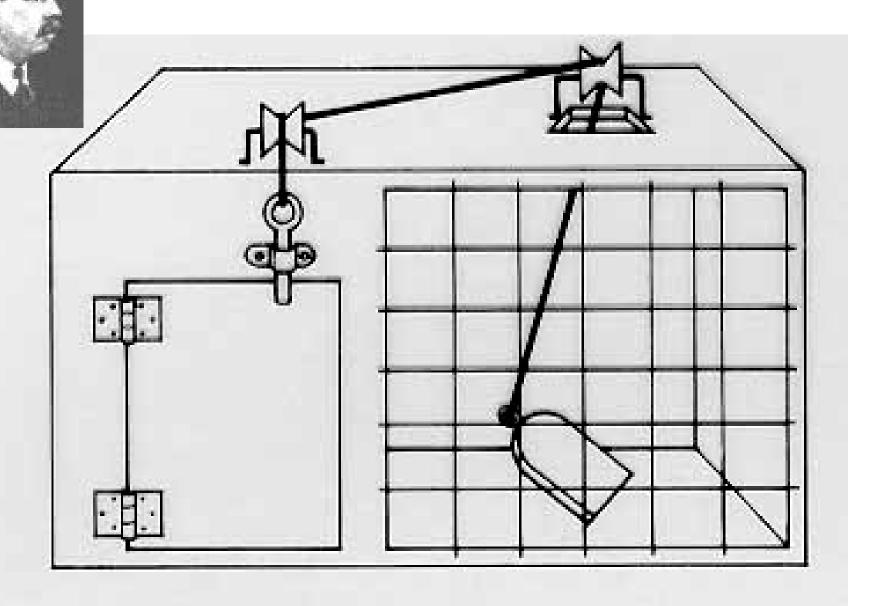
### Higher-Order Conditioning



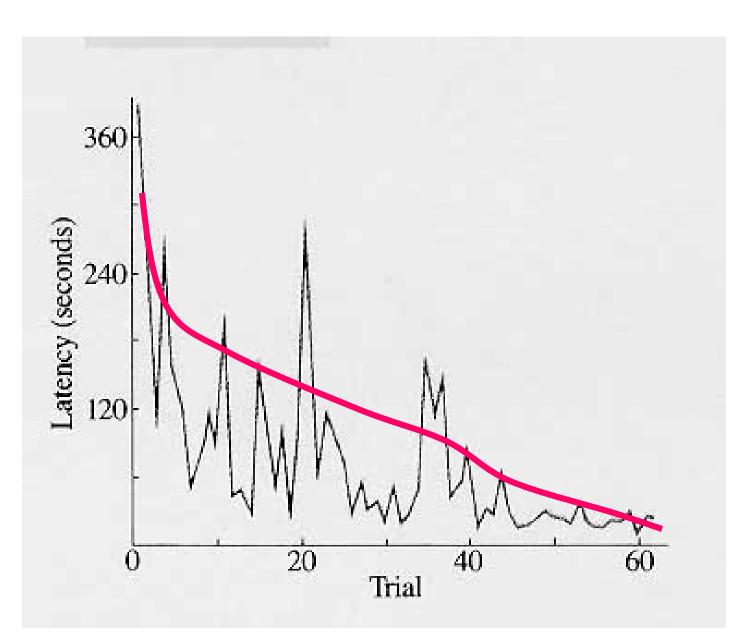
### Significance of Classical Conditioning

- Extends Control of Reflexes to Other Environmental Events
  - Associations between Events
- Ubiquitous (Nervous System)
- Pavlov: All Learning is Classical Conditioning (?)
- Laws of Classical Conditioning are the Laws of Emotional Life

### Thorndike's Puzzle Box



#### Thorndike's Results



### Thorndike's Laws of Learning

#### Law of Readiness

Law of Effect

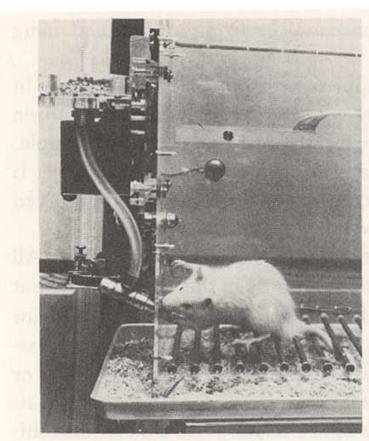
Law of Exercise

### Instrumental Conditioning (Operant Conditioning)

- Learn Adaptive Behavior
  - Through Experience of Success, Failure
- Organism Operates on Environment
  - Behavior Changes Environment
- Behavior Instrumental
  - Obtains Desired State of Affairs
- Associations between Behaviors and Outcomes



## B.F. Skinner's Operant Chamber





A rat trained to press a lever for food reinforcement (courtesy of Pfizer Inc.) and a pigeon pecking a lit key for food reinforcement (photo by W. Rapport, courtesy of B. F. Skinner).

#### Instrumental Conditioning Procedure

- Phase 1: Baseline Behavior
- Phase 2: Acquisition Phase
- Phase 3: Discrimination Learning
- Phase 4: Extinction

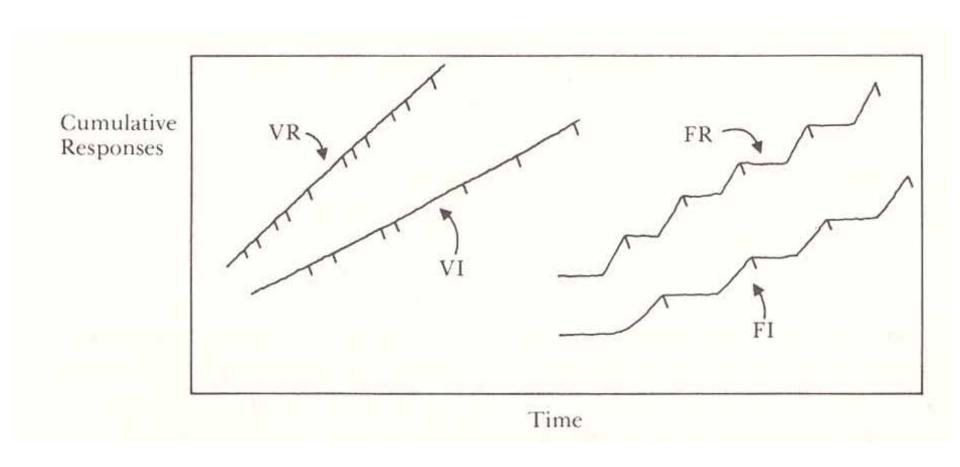
### Vocabulary of Instrumental Conditioning

- Conditioned Response (No URs)
- Conditioned Stimulus (No USs)
- Reinforcement
  - Positive
  - Negative (Not Punishment)
- Acquisition
- Extinction
- Generalization
- Discrimination

#### Schedules of Reinforcement

- Continuous
- Partial
- Intermittent
  - Fixed Ratio (FR)
  - Variable Ratio (VR)
  - Fixed Interval (FI)
  - Variable Interval (VI)
- Differential Reinforcement
  - Of Low Rates (DRL)
  - Of High Rates (DRH)

#### Intermittent Reinforcement



### The Matching Law

Herrnstein (1970)



- Concurrent VI Schedules
  - Give Organism a Choice
    - Key A: VI3
    - Key B: VI1
- Response Rate is Proportional to the Frequency of Reinforcement
  - Also Magnitude, Delay of Reinforcement
- Basic Principle of Microeconomics
  - Supply and Demand
    - Relative Value of Reinforcers

### Significance of Instrumental Conditioning

- Voluntary Behaviors Come Under Control of Environmental Events
  - Behavior-Outcome Associations
- Ubiquitous (Vertebrates)
- Thorndike, Skinner: All Learning is Instrumental/Operant Conditioning (?)
- Laws of Instrumental Conditioning Are the Laws of Adaptive Behavior
  - Habits
  - Incentives