# What is Learned?

Lecture 9

# Classical and Instrumental Conditioning Compared

#### Classical

- Reinforcement Not Contingent on Behavior
- Behavior Elicited by US
- Involuntary Response (Reflex)
- Few Conditionable Behaviors

#### Instrumental

- Reinforcement Contingent on Behavior
- Behavior Emitted by Organism
- Voluntary Responses ("Spontaneous")
- Many Conditionable Behaviors



# Avoidance Learning

Solomon & Wynne (1953)

- Dog Placed in One Side of Apparatus
- Overhead Lights Deliver CS
- Floor Grid Delivers US
  After CS-US Interval
- Vault Barrier
  - Escape After US Onset
  - Avoidance Before US Onset



## **Two-Factor Theory of Avoidance Learning**

Mowrer (1947); critiqued by Seligman & Johnston (1973)

- Light ==> Shock
  - Respond During Shock ==> Escape
  - Respond Prior to Shock ==> Avoidance
- Classical Conditioning
  - Anticipatory Fear Conditioned to Light
- Instrumental Conditioning
  - Reinforce Escape/Avoidance
    - Cessation of Shock US
    - Cessation of Light CS



# The Stimulus-Response Theory of Learning

- Association between Stimulus and Response
  - Pavlov: CS = Bell; CR = Salivation
  - Thorndike: CS = Puzzle Box; CR = Paddle Press
  - Skinner: CS = (Illuminated) Key; CR = Keypeck
- Reinforcement
  - Pavlov: US = Meat Powder
  - Thorndike: Reward = Escape
  - Skinner: Reinforcement = Food Pellet

## Assumptions of S-R Learning Theory

- Association by Contiguity
  - Co-Occurrence in Space, Time
- Arbitrariness (Equipotentiality)
  - Any Stimulus, Any Response
- Empty Organism
  - Organism as "Black Box" Collecting Ss, Rs
- Passive Organism
  - Metaphor of "Conditioning"

Taste-Aversion Learning (Bait Shyness) Garcia & Koelling (1966)

Compound CS

- "Bright, Noisy, Sweet" Water

- US
  - Foot Shock (Immediate Pain)
  - X-Rays (Delayed Nausea)
- Avoidance Test of Conditioning
  - Choose Water Source
    - Bright, Noisy Water
    - Sweet Water



#### **Taste-Aversion Learning**

Garcia & Koelling (1966)



#### **Preference Test of Conditioned Fear**

(Avoidance of Water Source)

Garcia & Koelling (1966)



# Implications for S-R Learning Theory

- Arbitrariness
  - Taste-Nausea, Sight/Sound-Shock
- Empty Organism
  - Internal Structure Shaped by Evolution
- Association by Contiguity
  - -CS, CR Distant in Space, Time
- Law of Exercise
  - One-Trial Taste-Aversion Learning

#### Species-Specific Defense Reactions Bolles (1970)

- Escape/Avoidance Learning in Pigeons
  - Easy: Flap Wings, Stretch necks
  - Impossible: Key Peck
- Escape/Avoidance Learning in Rats
  - Easy: Jump Up, Run
  - Hard: Lever Press
- Avoidance Learning Capitalizes on Species-Specific Repertoire of Defensive Reactions
  - Built In by Evolution



# The Preparedness Principle

(Belongingness) Seligman (1970); Rozin & Kalat (1971)





- Each Species is Predisposed to Learn Certain Associations
  - Prepared
  - Unprepared
  - Contraprepared

### **Constraints on Learning**

- Biological
  - Evolutionary History
- Cognitive
  - Internal Representation of CS → CR











# Conditioned Inhibition in Backwards Conditioning

- Fear Conditioning
  - Tone ==> Shock
  - CR = Heart Rate Acceleration
    - Physiological Index of Fear
- Standard Paradigm
  - HR Acceleration During Tone
    - Conditioned Fear Response
- Backward Paradigm
  - HR Deceleration During Tone
    - Inhibition of Fear Response

# Contiguity vs. Contingency in Conditioning

Rescorla (1967, 1988)

- Contiguity
  - CS Co-Occurs with US
- Contingency
  - CS Predicts US
- Standard Paradigm
  - CS, US both Contingent and Contiguous
- Delay, Trace Conditioning
  - CS, US Contingent but Not Contiguous
- Simultaneous Conditioning
  - CS, US Contiguous but not Contingent
- Backwards Conditioning, Extinction (Below Zero)
  - CS Predicts Absence of US



## Informational Value of the CS

- When the US is Contingent on the CS, then the CS Provides Information About the US
- Conditioning Occurs Because the CS Provides Information about US
- Conditioning Does Not Occur When the CS is Not Informative

What Happens When

the Information in the CS is *Redundant*?

## **Conditioned Emotional Responses**

- CR: Heart Rate Acceleration
- Paradigmatic Variations
  - Standard Paradigm
  - Delay, Trace Paradigms
  - Simultaneous Paradigm
  - Backwards Paradigm
    - Safety Signal

#### The Blocking Experiment (1) Kamin (1969)

#### **Initial Conditioning with Compound CS**





#### The Blocking Experiment (2) Kamin (1969)

Phase 1: Conditioning with Noise CS1 (1) Phase 2: Add Light CS2 *Simultaneous* with CS1 (2)



# The Blocking Effect

#### Kamin (1969)

#### **Test Response to Light**



**Sequence of Conditioning Trials** 

#### "Unblocking" the Blocking Experiment

Phase 1: Conditioning with Simple CS Phase 2: Add Light CS2 *Preceding* CS1



#### Predictability, Surprise, and Conditioning Kamin (1969)



- Conditioning Only Occurs When the US Surprises the Organism
- Organism Searches Environment for Predictors of US
- Irrelevant, Redundant Stimuli are Ignored
- Classical Conditioning Involves the Formation of Expectations
  - CS predicts US

## Implications for S-R Learning Theory

- Association by Contiguity
  - Association by *Contingency*
- Empty Organism
  - Expectations, Surprise
- Passive Organism
  - Actively Engaged in Predicting Events