

Happy Spring

Spring Newsletter | May 2021



STUDY UPDATES

Wrapping up year one!

As we approach the end of the first year in the project, we are very grateful for all of the support we've received from our partners.

Without you all, we would not be able to connect so many clients to the sleep treatment that they need.

Our goal for year two is to ensure that sleep treatment remains a sustainable service in your community. If you are interested in becoming a Sleep Therapy Trainer, please check out page 2.

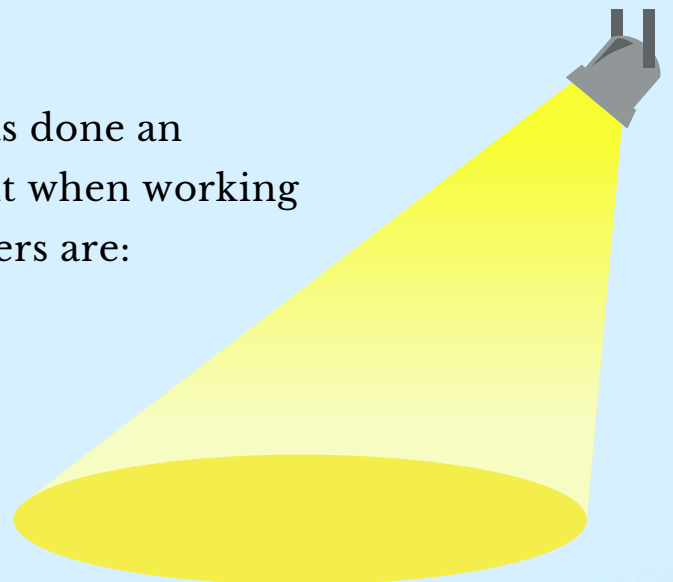


PROVIDER SPOTLIGHT

Thank you for all your time and effort!

Every month we highlight a provider who has done an exceptional job incorporating sleep treatment when working with their clients. Some of our recent providers are:

- Priscilla Mathews of Alameda
- Stacy Miller of Placer
- Dr. Sophie Tagliamonte of Contra Costa
- Robert J. Cook of Santa Barbara



CHECK OUT OUR SOCIAL MEDIA ACCOUNTS!

Follow us on Facebook and Instagram for a chance to win Sleep Team goodies in our monthly drawing!



Berkeley Sleep Team



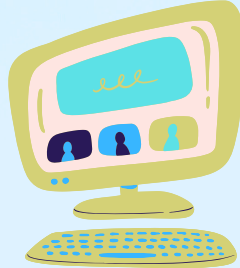
@berkeleysleepteam

SIMPLE STEPS TO BECOME A SLEEP THERAPY TRAINER

START SLEEP THERAPY WITH AT LEAST 1 CLIENT



ATTEND TRAINER SPECIFIC BOOSTER SESSIONS



AN OPPORTUNITY TO GAIN SKILLS IN SUPERVISION AND TRAINING



Contact us at sleepteam.berkeley.edu if you are interested in becoming a trainer!

ENROLLMENT

Clients Enrolled | Providers Enrolled

181

69

