**CHECKLIST OF MEMORY SUPPORT: Treatment provider version**

Think back to your **most recent session** and count how many times you incorporated a memory support strategy for each treatment point. Place a check mark next to the memory support strategy and the corresponding times you used it.

Please fill this out as close to your session as possible and **use your best estimation** to count how many times you used each memory support strategy.

|  |  |
| --- | --- |
| **Attention Recruitment:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Used expressive language. |   |   |  |   |
| 2. Incorporated forms of multimedia that require patient to use senses  |   |   |  |   |
| 3. Used an in-session exercise. |   |   |  |   |
| 4. Used expressive body language. |   |   |  |   |
| 5. Used humor.  |   |   |  |   |
| 6. Asked patient to teach you the treatment point |   |   |  |   |
| 7. Used Imagery.  |   |   |  |   |
| 8. Used one or more components of Implementation Intentions. |   |   |  |   |
| 9. Used a catch phrase, analogy, or metaphor. |   |   |  |   |
| 10. Recorded the actual treatment point for the patient to review each week.  |   |   |  |   |
| 11. Encouraged patient note taking during session. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Attention Recruitment this past session?**  |  |  |  |  |
|  |  |  |  |  |
| **Categorization:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Grouped multiple treatment points based on common themes. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Categorization this past session?**  |  |  |  |  |
|  |  |  |  |  |
| **Evaluation:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Engaged patient in a discussion of pros/cons. |   |   |  |   |
| 2. Engaged patient in a discussion of comparisons. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Evaluation this past session?**  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| **Application:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Had patient apply treatment point to a past, present, or future scenario. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Application this past session?** |  |  |  |  |
|  |  |  |  |  |
| **Repetition:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Reminded patient of concepts/skills that were not recalled. |   |   |  |   |
| 2. Filled in patient’s gaps in knowledge, and/or correcting errors in inaccurately recalled therapy points. |   |   |  |   |
| 3. Reviewed a running list of treatment points with patient. |   |   |  |   |
| 4. Recorded the actual treatment point for the patient to play back.  |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Repetition this past session?**  |  |  |  |  |
|  |  |  |  |  |
| **Practice Remembering:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Asked patient to explain treatment points from the last session. |   |   |  |   |
| 2. Asked patient to teach you the treatment point. |   |   |  |   |
| 3. Encouraged patient note-taking during session. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Practice Remembering this past session?**  |  |  |  |  |
|  |  |  |  |  |
| **Cue-Based Reminders:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Incorporated cues to help the patient remember/implement treatment points. |   |   |  |   |
| 2. Helped the patient use specific situations as cues to perform specific skills. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Cue-Based Reminders this past session?**  |  |  |  |  |
|  |  |  |  |  |
| **Praise Recall:** | **Check number of times used in support of a treatment point (✔).** |
| **Never (0)** | **A Few (1-2)** | **Often (3-5)** | **Many (6+)** |
| 1. Praised patient for remembering the contents of a treatment point. |   |   |  |   |
| 2. Praised successful implementation of a skill. |   |   |  |   |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |   |   |  |   |
| **To what extent have you used Praise Recall this past session?**  |  |  |  |  |