

GERALD R. YOUNG
Curriculum Vitae

Email: geraldyoung@berkeley.edu

Education

Ph.D., Social-Personality Psychology Est. Completion: 2024
Advisor: Iris Mauss, Ph.D.
University of California, Berkeley

M.A., Social Psychology May 2018
Advisor: David Matsumoto, Ph.D.
San Francisco State University

B.A., Psychology December 2012
California State University, East Bay

A.A., Liberal Arts & Science May 2010
Las Positas College

Fellowships

Eugene Cota-Robles Fellowship for Graduate Study 2018 - 2020
University of California, Berkeley, Graduate Division

Grants

The Sheldon Zedeck Program for Culture, Behavior and Management Study (2019: \$3000)
“*Emotional Fit and Its Implications for Well-Being*”. PI: G. Young

Publications

Estrada, M., **Young, G.**, Flores, L., Hernandez, P., Hosoda, K., DeerInWater, K. (2022). Culture and Quality Matter in Building Effective Mentorship Relationships with Native STEM Scholars. *BioScience*, 72(10), 999-1006. doi: 10.1093/biosci/biac064

Young, G. R., Karnilowicz, H. R., Mauss, I. B., Hastings, P. D., Guyer, A. E., & Robins, R. W. (2022). Prospective Associations between Emotion Regulation and Depressive Symptoms among Mexican-origin Adolescents. *Emotion*, 22(1), 129-141. doi: 10.1037/emo0001060

Estrada M., **Young, G. R.**, Flores, L., Yu, B., & Matsui, J. (2021). Content and Quality of Science Training Programs Matter: Longitudinal Study of the Biology Scholars Program. *CBE – Life Sciences Education*, 20(3):ar44. doi: 10.1187/cbe.21-01-0011

- Bratman, G. N, **Young, G.**, Mehta, A., Babineaux, I. L., Daily, G. C., Gross, J. J. (2021). Affective Benefits of Nature Contact: The Role of Rumination. *Frontiers in Psychology*, 12. doi: 10.3389/fpsyg.2021.643866
- White, M., Bratman, G., Pahl, S., **Young, G.**, & Cracknell, D. (2020). Affective reactions to losses and gains in biodiversity: Testing a prospect theory approach. *Journal of Environmental Psychology*, 72, 10152. doi: 10.1016/j.jenvp.2020.101502
- Young, G.**, & Suri, G. (2020). Emotion regulation choice: A broad of examination of external factors. *Cognition and Emotion*, 34(2), 242-261. doi: 10.1080/02699931.2019.1611544
- Estrada, M., **Young, G. R.**, Nagy, J., Goldstein, E. J., Ben-Zeev, A., Márquez-Magaña, L., & Eroy-Reveles, A. (2019). The Influence of Micro Affirmations on Undergraduate Persistence in Science Career Pathways. *CBE – Life Sciences Education*, 18(3):ar40. doi: 10.1187/cbe.19-01-0012
- Suri, G., Lavaysse, L. M., **Young, G.**, Moodie, C., Tersakyan, A., Gross, J. J., Gard, D. E. (2018). An Investigation into the Drivers of Avolition in Schizophrenia. *Psychiatry Research*, 261, 225-231. doi: 10.1016/j.psychres.2018.01.001
- Suri, G., Sheppes, G., **Young, G.**, Abraham, D., McRae, K., & Gross, J. J. (2018). Emotion regulation choice: The role of environmental affordances. *Cognition and Emotion*, 32(5), 963-971. doi: 10.1080/02699931.2017.1371003
- Mehta, A., **Young, G.**, Wicker, A., Barber, S., & Suri, G. (2017). Emotion Regulation Choice: Differences in U.S. and Indian Populations. *International Journal of Indian Psychology*, Volume 4, Issue 2, No. 94, ISSN:2348-5396 (e), ISSN:2349-3429 (p), DIP:18.01.160/20170402, ISBN:978-1-365-84229-0

Awards and Honors

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|---|-------------------------|
| Outstanding Graduate Student Instructor | 2021 |
| 2 nd Place: 32 nd Annual CSU Research Competition
<i>Behavioral and Social Sciences – Graduate</i> | 2018 |
| 1 st Place: SFSU level of the CSU Student Research Competition
<i>Behavioral and Social Sciences – Graduate</i> | 2018 |
| 1 st Place: SFSU College of Science of Engineering Student Project Showcase
<i>Behavioral Sciences – Graduate</i> | 2017 |
| Dean’s Honors List
<i>California State University, East Bay</i> | Fall 2010 - Spring 2012 |

Teaching Experience

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| Graduate Student Instructor: General Psychology | Fall 2021, Spring 2022 |
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Graduate Student Instructor: Research and Data Analysis in Psychology Fall 2020, Spring 2021

Research Experience

Emotion and Emotion Regulation Lab August 2018 - Present

Director: Iris Mauss, Ph.D.

University of California, Berkeley

NIH Funded SF BUILD Grant March 2016 - June 2019

PI of my team: Mica Estrada, Ph.D.

San Francisco State University

Readiness, Activation, and Decision-Making Lab November 2016 - May 2018

Director: Gaurav Suri, Ph.D.

San Francisco State University

Culture and Emotion Research Lab August 2015 - May 2018

Director: David Matsumoto, Ph.D.

San Francisco State University

Stanford Psychophysiology Lab February 2015 - August 2017

Director: James Gross, Ph.D.

Stanford University

Conference Posters and Talks

Young, G., Karnilowicz, H. R., Mauss, I. B., Hastings, P. D., Guyer, A. E., & Robins, R. W. (2022). *Prospective Associations between Emotion Regulation and Depressive Symptoms among Mexican-origin Adolescents*. Poster presented at the Society for Personality and Social Psychology Conference, San Francisco, CA.

Young, G., & Suri, G. (2019). *A Broad Examination of the Factors Underlying Emotion Regulation Choice*. Poster presented at the Society for Affective Science Conference, Boston, MA.

Young, G., & Suri, G. (2019). *A Broad Examination of the Factors Underlying Emotion Regulation Choice*. Poster presented at the Society for Personality and Social Psychology Conference, Portland, OR.

Young, G., & Matsumoto, D. (2018). *An Investigation into whether Ethnicity is Associated with Depressive Rumination Thinking Styles*. Poster presented at the Bay Area Affective Science Meeting, Stanford, CA.

Young, G., & Matsumoto, D. (2018). *Abstract thinking during depressive rumination? It might depend on your ethnicity*. Talk given at the Cultural-Clinical Psychology Association for Psychological Science Pre-Conference, San Francisco, CA.

- Young, G., & Matsumoto, D. (2018). *Abstract thinking during depressive rumination? It might depend on your ethnicity*. Talk given at the 32nd Annual CSU Research Competition, Sacramento State University.
- Young, G., & Matsumoto, D. (2018). *An Investigation into whether Ethnicity is Associated with Depressive Rumination Thinking Styles*. Poster presented at the Society for Affective Science Conference, Los Angeles, CA.
- Young, G., Akon, A., Márquez-Magaña, L. (2018). *A Preliminary Examination of Student Familiarity with Big Data and their Intent to Pursue Big Data Careers*. Poster presented at the Understanding Interventions that Broaden Participation in Science Careers Conference, Baltimore, MD.
- Young, G., & Matsumoto, D. (2017). *An Investigation into whether Ethnicity is Associated with Depressive Rumination Thinking Styles*. Poster presented at the COSE Student Project Showcase, San Francisco State University.
- Young, G., & Matsumoto, D. (2017). *An Investigation into whether Ethnicity is Associated with Depressive Rumination Thinking Styles*. Poster presented at the Graduate Research and Creative Works Showcase, San Francisco State University.
- Young, G., & Winterheld, H. (2013). *Holding on or letting go: Emotion regulation strategies and forgiveness in close relationships*. Poster presented at the 13th Annual Stanford Undergraduate Psychology Conference, Stanford University.