



Monthly Newsletter: September 2011

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- Welcome Back! Start of Fall Semester
- Event Updates
- Upcoming Events

Start of Fall 2011

Welcome Back VHIO faithful!!! Are you ready for a busy but fun semester? With the addition of the Spanish Language Group, we also have many other new and exciting plans for this upcoming year. We hope that through our newsletter you will have a reliable resource to turn to find out about these plans. Since this is still in its trial phase, we would like to ask, as we always do, for your feedback. Please help us to cater to YOU!!!

VHIO Officer Board '11-'12



“ Officer Updates”

Language Group Update: Spanish

We are looking forward to collaborating with the FACES Program at the Children's Hospital in Oakland. We are also working to develop a partnership with the Suitcase clinic and the Berkeley Free Clinic. We will be partnering with the Arab Cultural and Community Center (ACCC) in San Francisco, which is working in conjunction with the Tenderloin Health Fair, to provide Spanish interpretation services on September 24.
-Elina Serrano

Event: Alameda Fresh Start Families Festival

VHIO volunteers had their first experience helping children and their families, most of whom did not speak English well. We helped at many stations that screened blood pressure, measured height/weight, and provided nutrition and general health education. We also helped with blood pressure and diabetes screening as well as children's services.
-Edna Cheung

Event: Mount Zion Hepatitis B Clinic

We had a pretty good turn out, a total of 8 returning patients, 13 new patients, and a gentleman looking for a referral to a chronic care doctor. This is much better than anything we've seen in the past few months. Most of it was due to the newspaper ad SFHBC put out the past 2 weekends in the Chinese newspapers. For future clinics we still need to work on long term publicity efforts. Next month there will be a pilot run to implement a survey that tests patient knowledge of Hepatitis B before and after clinic education, so anticipate a little difference in clinic flow
-Angela Chen and Judy Lim

Event: Korean Day Culture Festival

The Korean Day Culture Festival was a success! We got to pass out brochures and information about where to get tested and vaccinated for Hep. B (advertised Mt. Zion!). Many people came to the event and enjoyed a great day. Now Korean Outreach will work on the remaining translations and the Korean Cancer Conference coming up.
- Jihwan Yu

Diabetes Screening at Mt. Zion Health Fair



In Photo from Left: Tiffany Sham, Agnes Choi, Edna Cheung, Angela Chen, Alice Huang



Alumni Spotlight

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VHIO

Greetings VHIO/SFHBC alumni!

Like Leslie, I am also a UCSF medical student and interested in internal medicine ;). FYI, if you like the investigative, problem-solving side of medicine (like Dr. House), you will too! I am about 4 months into my 3rd year of medical school and doing all of my clinical training in Oakland (because I love the east bay that much!). I'm participating in a new patient-centered model of clinical training that involves integrating all of your rotations throughout the year and in one location (vs. sequentially at different locations) so you can develop a patient panel that you manage longitudinally. It's pretty awesome and if you are interested in learning more about it, you can talk to Leslie or me because she did a similar program at UCSF hospitals last year. I'm also working on a project to improve interpreter services in the inpatient setting at Kaiser Oakland, specifically with the surgery service regarding consent for elective and emergent procedures. Leslie did a very similar project last year at UCSF which goes to show how much SFHBC/VHIO has influenced our career interests. I hope you are all doing well. SFHBC was one of the highlights of my UC Berkeley undergrad and has had a huge impact on how I work with patients. I'm sure it will for many of you too!

- Amy Shen **



Hi everybody! For those of you who don't know me, I co-founded VHIO (previously called SFHBC at Cal) in 2006-7 with Amy. It's been so exciting to see the group grow and

expand the way that it has, to the point of now having enough of an alumni network to have an alumni newsletter! As for me, I can't believe that I'm already a fourth year med student here at UCSF. I'm happy to say that Amy and I have been able to keep in touch and catch up every now and then during our journey through med school :) I have ultimately decided to apply into internal medicine and am really excited about this. For the rest of my fourth year, I'm

looking forward to relaxing and enjoying time with my classmates as much as possible before we all head off to residency, and hopefully getting involved with SFHBC a bit again. I can't wait to hear more about what everybody's been up to! If any of you want to chat about med school (applications, boards, third year, picking a specialty...), definitely shoot me an email - I'd love for this to be an excuse to hear from you :)

- Leslie Sheu

In photo: Leslie Sheu and Amy Shen at CPHC in 2007

Upcoming Events

All Languages:

9/13/11 First Decal

9/17/11 Volunteer Orientation

- Guest Speaker: Dr. Yu
- Purpose: Learn about VHIO projects for the year, meet all VHIO members, welcome new members

9/24/11 Tenderloin Health Fair

9/25/11 Alameda County Disaster Prep. Workshop

Cantonese/ Mandarin:

9/3/11 Autumn Moon Festival

Korean:

9/10/11 Korean Cancer Conference

Vietnamese and Spanish:

To Be Announced --keep posted for information that your outreach coordinator will email to you.



Jihwan Yu answering questions regarding Hep B at the Korean Day Culture Festival.

** This statement was edited from the source's original response.