



Monthly Newsletter April 2012

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Hello VHIO!

Welcome back to Berkeley! Hope everyone had fun during spring break and got a lot of rest. Here is a friendly reminder that there will be another workshop this Sunday, April 8. There will be an alumni panel and some healthcare discussion during this workshop, and you will have the chance to meet up with VHIO friends. Also, we are excited to announce that the end-of-the-year banquet is coming up on April 27, so do RSVP as soon as possible! It would be a lot of fun to eat delicious food, dress up, and hang out with the VHIO family! We are looking forward to seeing all of you there! :)

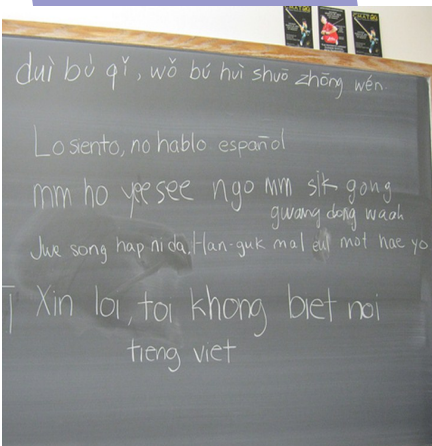


Spring 2012 Workshop #2

Officer updates

The VHIO Khmer group has translated a safety tips brochure to inform the community on how to avoid being a robbery victim for the Asian Community Mental Health Services.

- Edna Cheung



"Sorry, I do not speak _____."

Spring Spanish trainees will graduate after their final on April 25th :)
New Spanish Coordinators will be announced at the end of April, early May.

- Juan Cabrera

CEI orientation will be this month. Sorry for the delay but it will be before finals! We have a Satellite Housing Event this Wednesday and VN volunteers will volunteer with a Nail Salon clinic in May for health screening of respiratory illnesses.

- Taman Hoang

Upcoming Events

Mt. Zion Clinic [all languages]
Saturday April 7th 9am-12pm

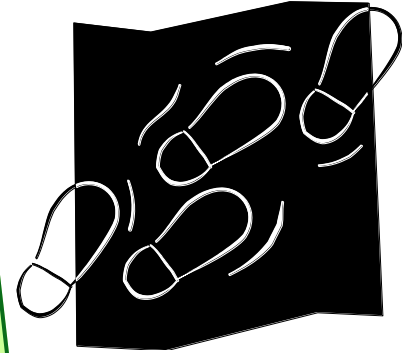
Workshop III [all languages]
Sunday April 8th 10am-12pm

Chinatown Public Health Center Clinic
[all languages]
Saturday April 14th 9am-12pm

End-of-year Banquet [all languages]
Friday April 27th 5:30pm-8:30pm

5K Walk [all languages]
Saturday April 28th 9am

Chinese Hospital Health Fair
Saturday April 28th



Alumni Spotlight: Hep B Founder: Kevin Hur

Hello VHIO volunteers!

My name is Kevin Hur and I am currently a 2nd year medical student at Johns Hopkins. I wasn't exactly a volunteer with VHIO when I was at Berkeley, but Amy Shen (cofounder and former director of SFHBC) was instrumental in helping me start the Hep B Project (HBP). When I was looking for someone to help me set up HBP, few organizations were willing to lend a hand to help me, this unknown undergrad, get started. However, Amy welcomed me with open arms and really provided me with a lot of support. She invited me to the SFHBC officer meetings to learn how to run a student organization, introduced me to other Hep B organizations, recruited amazing volunteers to join HBP, and helped me get funding. I was incredibly impressed by how well-run and effective SFHBC was, and I tried to emulate SFHBC's organizational structure when I started HBP the summer of 2009. It's safe to say the Hep B Project would not be where it is today if Amy and SFHBC did not show me the ropes, and for that I am incredibly grateful.



As for medical school, it's really gone by in a blur. There is a lot of material to learn and I always seem to be short on time, but it's not as stressful as I originally anticipated. That's because we have a P/F grading system the first 2 years of medical school, which I believe most med schools have adopted. One interesting (and fantastic) thing about medical school (especially at Johns Hopkins) is the plethora of opportunities outside of class, whether it be student organizations, volunteer opportunities, or research projects. I have several interests and it's really hard when I have to choose from so many wonderful opportunities. I remember at Berkeley, every activity I was somewhat interested in required that I fill out an application, prepare a resume, possibly interview, etc. I thought that was somewhat annoying and wasted a lot of time. In med school here, I just e-mail a professor saying I'm interested in working on a project and I get an e-mail back within the hour asking me when I can start. I don't think I've had to fill out an application or submit a resume for any outside activity that I've done here in med school. Maybe that's the way it should be...what do you think?

I hoped you enjoyed my blurb. Feel free to contact me (khur2@jhmi.edu) if you have any questions about life in medical school or the application process. Good luck!